



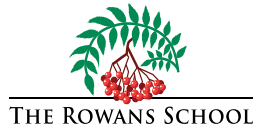
THE ROWANS SCHOOL

Founded 1936



EARLY MORNING and AFTER SCHOOL CLUBS

Autumn Term 2021



Early Morning Clubs start at 8am

After School Clubs finish at 4.15pm

Clubs will commence on **Monday 13th September** and finish on **Tuesday 7th December 2021**

**The online booking system will open on Monday 14th June at 9.30am
and close on Friday 18th June 2021 at 4pm.
We regret that no further changes can be accommodated after this.**

If your child wishes to attend Early Morning or After School Clubs for the Autumn Term 2021, please book online via the SchoolBase portal <https://schoolbase.online> Please note that all Clubs need a minimum number of 6 children attending to make them viable and are limited to a maximum number of children. Once the Clubs are full you will be placed on a waiting list. Parents will be informed as soon as possible if a Club is not able to go ahead.

Bookings for **AM Sports Academy** clubs (**AMSA**) (Basketball, Chess, Football, Gymnastics and Multi-Sports) are **made direct** with them via their website: (www.amsportsacademy.co.uk/Clubs). If you have any questions please email them direct at: info@amsportsacademy.co.uk

Bookings for **Sean McInnes Early Morning Clubs** (Football, Hockey, and Tag Rugby) are to be **made direct** through his website: <https://seanmcinnesssportscoaching.com/book-now> If you have any questions please email Sean direct at: Info@seanmcinnesssportcoaching.com

Bookings for **Mandarin** are to be **made direct** by contacting **Jing You** at: office.wimbledon@orpingtonchineseschool.co.uk or by telephone: 07738696965.

Piano & Violin Lessons

Piano and Violin lessons are available during the week on a rotational basis, so that your child will not miss the same school lesson each week. Piano lessons will be taught by Mrs Luyendijk, our Music Teacher. Violin lessons will be taught by our external peripatetic teacher, Miss Hart. Please note that these music lessons are offered for a full academic year, and consequently **a term's notice is required should you wish to withdraw your child**. Children need to have a piano at home on which to practise, and bring in their own violin, their own music books and be prepared to practise at home during the week! The charge will be £25 per lesson. **Bookings for violin** are made via email to **Miss Hart** at mizukijulia@yahoo.co.uk Please note that **Piano lessons are currently fully booked for the Autumn Term** but if you would like your child to join the waiting list, please contact office@rowans.org.uk

Music helps children to develop many skills including memory and concentration and this is a wonderful opportunity for the children to extend their learning into the creative arts. We offer various performances for the children throughout the year, including playing in assembly, class concerts and in the music concert. We hope your child is keen to take up this opportunity to learn, or continue, a new skill.

DESCRIPTION OF CLUBS



EARLY MORNING CLUBS

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| <p>Sean McInnes Early Morning Football Club</p> <p>Monday and/or Wednesday</p> <p>Reception, Years 1 & 2 (Restricted to 24 children)</p> | <p>Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. In our Football Club, we work on our shooting and our dribbling, teaching children to use the correct technique from a young age. Every week, we introduce a new trick, which helps develop new combinations and skills. We finish with matches to further develop their skills.</p> |
| <p>Sean McInnes Early Morning Hockey Club</p> <p>Tuesday</p> <p>Reception, Years 1 & 2 (Restricted to 24 children)</p> | <p>Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. Hockey club will give children the opportunity to understand the basics of the Sport such as dribbling in different ways, passing the ball and shooting at goal. We will achieve this by improving the children's co-ordination, balance and agility while improving their fine motor skills with the hockey stick. Smaller individual activities and game play will ensure that they understand the simple rules and ways to play the game effectively.</p> |
| <p>Philosophy Club</p> <p>Wednesday</p> <p>Years 1 & 2 (Restricted to 14 children)</p> | <p>Philosophy Club for young children aims to help children develop a range of basic skills, such as listening, turn-taking, critical thinking and expressing their own thoughts and ideas, using logical and sequential language. In addition, it helps build confidence and self-esteem, instils an innate respect for the views and ideas of others and encourages a zest for learning through independent investigation. During this Club, we will explore 'big questions', play games and develop skills of conversation which will help the children improve their communication with others.</p> |
| <p>Sean McInnes Early Morning Tag Rugby</p> <p>Thursday</p> <p>Reception, Years 1 & 2 (Restricted to 24 children)</p> | <p>Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. In our Tag Rugby Club, we work on evading and passing the ball whilst defenders try to "tag" you. We work on match based practice to develop working in a team, to teach furthers skills and learn the rules of the game.</p> |
| <p>Choir</p> <p>Friday</p> <p>Years 1 & Year 2</p> | <p>Choir explores different styles and songs, often singing in two parts – rounds and partner songs. Some of the songs are simple, others more sophisticated, and this aims to meet the age range across two year groups. Children are awarded certificates during the final term of the year, depending on how many terms they have sung with the choir. This is to encourage loyalty and to build an experienced choir. The choir sings at the Christmas and Summer Fairs and at School Concerts.</p> |

AFTER SCHOOL CLUBS

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| <p>AMSA Chess Club</p> <p>Monday</p> <p>Reception, Years 1 & 2 (Restricted to 15 children)</p> | <p>Our Chess Club is made up of a small group of children of all different abilities. We introduce one by one the gambits of chess, which are made up of Pawns, Castles, Horses, Bishops, Queens and Kings. The children are taught how each gambit can move on the Chess Board and are challenged to play against their peers in friendly competitive matches.</p> |
| <p>Dance Club with Awesome Kids</p> <p>Monday</p> <p>Reception, Years 1 & 2 (Restricted to 15 children)</p> | <p>Dance Club is run by an external teacher, but bookings are made directly to the school. Dance Club covers a wide range of dance styles to expose the children to a variety of genres and different types of music and movement, such as Street Dance, Zumba, Pop, Salsa, Hip-Hop. The dance routines will be complemented with fun dance games and activities, which will improve musicality, co-ordination, teamwork and leadership skills as well as making the class enjoyable for all. We give a mini performance at the end of each term, with every child receiving a certificate and prize upon completion.</p> |
| <p>Music Workshop</p> <p>Monday</p> <p>Reception, Years 1 & 2 (Restricted to 12 children)</p> | <p>This Club will provide an opportunity for children to enjoy the experience of making music together. We will use a variety of percussion instruments and have lots of fun! This Club is especially suited for children who do not yet formally learn an instrument and would like to learn something new, but all are welcome. There will also be performance opportunities to showcase what we have learnt.</p> |
| <p>Homework Club</p> <p>Monday and/or Thursday</p> <p>Years 1 & 2 (Restricted to 15 children)</p> | <p>Homework Club provides your child with the opportunity to work in a focused and quiet environment with some adult guidance. We start by practising spellings and then move on to the work in their books. If the children finish their homework they have time to complete their reading too, and will record this in their reading record. Please note that children will still need to carry out any unfinished reading, times-tables and spellings at home and this is not a 1:1 tuition session.</p> |
| <p>Cycling Club</p> <p>Monday</p> <p>Years 1 & 2 (Restricted to 12 children)</p> | <p>This exciting course is about getting more young people into cycling and will be take place on the Sports Court. This club is open to more experienced cyclists who will need to bring their own bicycles along and helmets must be worn. The children will experience various activities, skills tests and games relevant to their age and ability. During the second half of term, activities will move indoors and focus on road safety awareness.</p> |
| <p>AMSA Basketball</p> <p>Tuesday</p> <p>Reception, Years 1 & 2 (Restricted to 24 children)</p> | <p>Children will have the opportunity to learn and develop a wide range of passing and receiving skills as well as different types of movement to create space and shooting opportunities. Children will learn how to play as a part of a team and be given opportunity to make choices whilst in possession of the ball.</p> |

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| <p>Digital Creativity Club</p> <p>Tuesday</p> <p>Years 1 & 2 (Restricted to 15 children)</p> | <p>Technology can be used as a tool to express your inner creativity. In Digital Creativity Club, we will be using a variety of apps and types of technology to complete exciting projects. Further developing IT skills and also drawing on skills from Art, Maths, Design and English. Children will have the opportunity to design books, capture and edit pictures, create animations, Keynote presentations, produce movies and much, much more.</p> |
| <p>Storytelling & Drama Club</p> <p>Tuesday</p> <p>Reception, Years 1 & 2 (Restricted to 15 children)</p> | <p>Drama and Storytelling Club is a chance for children to be inspired and use their imagination freely. In this Club, we explore different genres and themes using a range of creative devices including: drama, art, debates and sharing our own experiences with the group. Themes are often chosen to relate to big events or holidays happening at the time, which is great to discuss and explore further. It is a chance for children to grow in confidence, improve their vocabulary, mix with different children within the school and develop a love of reading and performance.</p> |
| <p>Hama Bead Club</p> <p>Tuesday</p> <p>Reception, Years 1 & 2 (Restricted to 15 children)</p> | <p>This enables children to improve their fine motor skills, visual perceptual, visual motor and cognitive skills. It will also assist with improving their pencil grasp and pencil control during colouring and writing activities. The weekly fun activities will also provide a sense of accomplishment in completing projects, which offer freedom of self-expression and camaraderie with other children in the Club, contributing to improved self-esteem.</p> |
| <p>AMSA Gymnastics Club</p> <p>Wednesday</p> <p>Reception, Years 1 & 2 (Restricted to 15 children)</p> | <p>Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. It creates an environment where teamwork, sportsmanship, fair play and dedication are required in order to master the fundamental skills to be a successful gymnast. AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, spatial awareness and body control. Our gymnastic classes include areas such as tumbling, vault work, balance beam, and dance.</p> |
| <p>AMSA Football Club</p> <p>Wednesday</p> <p>Reception, Years 1 & 2 (Restricted to 24 children)</p> | <p>AM Sports Academy's Football Club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment. Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations. There are prizes available every week for the 'Player of the Week'.</p> |
| <p>Mandarin</p> <p>Wednesday</p> <p>Reception, Years 1 & 2 (Restricted to 15 children)</p> | <p>The Club aims to provide the children with an essential exposure to the Chinese culture through the learning of Chinese language. We create a nurturing, playful and structured learning environment which allows the children to learn through play and educational activities, experimenting, exploring, engaging without any undue pressure. The teachers, who are provided by Orpington Chinese Language School Wimbledon Branch, have all had a wide range of experience teaching Mandarin. Mandarin is used consistently in every class without any translation, and there is a real and practical engagement with the language.</p> |

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| <p>Gardening Club</p> <p>Thursday</p> <p>Reception, Years 1 & 2 (Restricted to 14 children)</p> | <p>Having already achieved the Level 4 School Gardening Award from the Royal Horticulture Society, the gardeners of Gardening Club are busily, weeding, sowing and planting their way towards Level 5. In addition, these green-fingered recruits are learning how to share their exciting projects with others in school and with our local community.</p> |
| <p>AMSA Multi-Sports</p> <p>Thursday</p> <p>Reception, Years 1 & 2 (Restricted to 24 children)</p> | <p>Multi Sports club will include a range of different sports, developing children's agility, balance, speed and coordination as well as their evasive skills, movement and control and fielding, striking and running. Sports covered include: Netball, Hockey, Basketball, Football, Cricket, Athletics, Archery, Tennis, Handball and Tag Rugby.</p> |
| <p>Puzzle Club</p> <p>Thursday</p> <p>Year 2 (Restricted to 14 children)</p> | <p>Puzzles are an excellent way for children to develop useful life skills which contribute to overall wellbeing and self-esteem. Activities will include traditional puzzles, such as crosswords and mazes, as well as memory and logic games. In this Club the children will learn to test and apply different strategies in order to solve problems. They will learn patience and resilience during puzzle solving as well as a sense of achievement on completion. Activities will also develop hand-eye coordination, fine motor skills and sometimes gross motor skills. Finally, through working together on puzzles, the children will learn to listen to others and develop communication skills.</p> |