



**THE ROWANS SCHOOL**

Founded 1936



**EARLY MORNING and AFTER SCHOOL CLUBS**

**Spring Term 2021**



THE ROWANS SCHOOL

**Early Morning Clubs start at 8am**

**After School Clubs finish at 4.15pm**

**Clubs will commence on Monday 11<sup>th</sup> January and finish on Thursday 18<sup>th</sup> March 2021**

**The online booking system will open on Monday 16<sup>th</sup> November and close on Monday 23<sup>rd</sup> November 2020 after this no further changes can be accommodated.**

If your child wishes to attend Early Morning or After School Clubs for the Spring Term 2021, please book online via the SchoolBase portal <https://schoolbase.online> Please note that all Clubs need a minimum number of 6 children attending to make them viable and are limited to a maximum number of children. Once the Clubs are full you will be placed on a waiting list. Parents will be informed as soon as possible if a Club is not able to go ahead.

Bookings for **AM Sports Academy clubs (AMSA)** (Chess, Cricket, Football, Gymnastics and Tag Rugby) are **made direct** with them via their website: ([www.amsportsacademy.co.uk/Clubs](http://www.amsportsacademy.co.uk/Clubs)). If you have any questions please email them direct at: [info@amsportsacademy.co.uk](mailto:info@amsportsacademy.co.uk)

Bookings for **Sean McInnes Early Morning Clubs** (Football, Hockey and Multi-Skills) are to be **made direct** through his website: <https://seanmcinnesssportscoaching.com/book-now> If you have any questions please email Sean direct at: [Info@seanmcinnesssportcoaching.com](mailto:Info@seanmcinnesssportcoaching.com)

Bookings for **Mandarin** are to be **made direct** by contacting **Jing You** at: [office.wimbledon@orpingtonchineseschool.co.uk](mailto:office.wimbledon@orpingtonchineseschool.co.uk) or by telephone: 07738696965

### **Piano & Violin Lessons**

Piano and Violin lessons are available during the week on a rotational basis, so that your child will not miss the same school lesson each week. Piano lessons will be taught by Mrs Penny Luyendijk, our Music Teacher, on Tuesday and Thursday afternoons. Violin lessons will be taught by our external peripatetic teacher, Mrs Jenny Berrow on a Monday afternoon. Please note that these music lessons are offered for a full academic year, and consequently **a term's notice is required should you wish to withdraw your child.** Children need to have a piano at home on which to practise, and bring in their own violin, their own music books and be prepared to practise at home during the week! **Bookings for violin are made via email to Mrs Berrow ([jenny@berrow.biz](mailto:jenny@berrow.biz)).** Piano Lessons are currently fully booked for the Spring Term. If you would like your child to join the waiting list, please contact [Office@rowans.org.uk](mailto:Office@rowans.org.uk) The charge will be £25 per lesson.

Music helps children to develop many skills including memory and concentration and this is a wonderful opportunity for the children to extend their learning into the creative arts. We offer various performances for the children throughout the year, including playing in assembly, class concerts and in the music concert. We hope your child is keen to take up this opportunity to learn, or continue, a new skill.

# DESCRIPTION OF CLUBS



<p><b>AMSA Chess Club</b> (Monday) (Restricted to 15 children) Reception, Years 1 &amp; 2</p>	<p>Our Chess Club is made up of a small group of children of all different abilities. We introduce one by one the gambits of chess, which are made up of Pawns, Castles, Horses, Bishops, Queens and Kings. The children are taught how each gambit can move on the Chess Board and are challenged to play against their peers in friendly competitive matches.</p>
<p><b>AMSA Kwik Cricket</b> (Thursday) (Restricted to 15 children) Reception, Years 1 &amp; 2</p>	<p>Kwik Cricket aims to provide children of all levels of ability and experience with an opportunity to participate and develop skill, knowledge and understanding - this is achieved through a variety of fixed, variable and game based Cricket practices. Players will be challenged to progress key skills such as catching, throwing, bowling and striking skills within small, rewarding maximised participation games. A player centred coaching process is implemented to create player ownership, creativity and imagination, which guides learning and encourages participation and fun.</p>
<p><b>AMSA Football Club</b> (Wednesday) (Restricted to 15 children) Reception, Years 1 &amp; 2</p>	<p>AM Sports Academy's Football Club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment. Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations. There are prizes available every week for the 'Player of the Week'.</p>
<p><b>AMSA Gymnastics Club</b> (Wednesday) (Restricted to 15 children) Reception, Years 1 &amp; 2</p>	<p>Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. It creates an environment where teamwork, sportsmanship, fair play and dedication are required in order to master the fundamental skills to be a successful gymnast. AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, spatial awareness and body control. Our gymnastic classes include areas such as tumbling, vault work, balance beam, and dance.</p>
<p><b>AMSA Tag Rugby Club</b> (Tuesday) (Restricted to 15 children) Reception, Years 1 &amp; 2</p>	<p>During the Tag Rugby Club, players will develop their ability to evade defenders by working on changes of speed, direction and side steps as well as being challenged to identify space and how this could be used. Players will also learn how to pass accurately and catch safely. Lastly, they will focus on how to be an effective defender. Towards the end of each session, children will have the opportunity to put their newly leant skills into match situations where the Rugby player can express themselves through individualism and creativity! The Club will be based on Rugby Union Rules and will be non-contact.</p>

<p><b>Art Club</b> (Thursday) Reception, Years 1 &amp; 2 (Restricted to 14 children)</p>	<p>In Art Club children will learn a variety of skills and techniques. We will be using a range of materials as we work on different projects and we aim to develop self-confidence and promote creativity. Most importantly, we will have fun and use our imagination.</p>
<p><b>Dance Club with Natalie Less</b> (Monday) Reception, Years 1 &amp; 2 (Restricted to 15 children)</p>	<p>Dance Club is run by an external teacher (Natalie), but bookings are made directly to the school. Dance Club covers a wide range of dance styles to expose the children to a variety of genres and different types of music and movement, such as Street Dance, Zumba, Pop, Salsa, Hip-Hop. The dance routines will be complemented with fun dance games and activities, which will improve musicality, co-ordination, teamwork and leadership skills as well as making the class enjoyable for all. We give a mini performance at the end of each term, with every child receiving a certificate and prize upon completion.</p>
<p><b>Digital Creativity Club</b> (Tuesday) Years 1 and Year 2 (Restricted to 14 children)</p>	<p>Technology can be used as a tool to express your inner creativity. In Digital Creativity Club, we will be using a variety of apps and types of technology to complete exciting projects. Further developing IT skills and also drawing on skills from Art, Maths, Design and English. Children will have the opportunity to design books, capture and edit pictures, create animations, Keynote presentations, produce movies and much, much more.</p>
<p><b>Drama and Storytelling Club</b> (Tuesday) Reception, Years 1 &amp; 2 (Restricted to 14 children)</p>	<p>Drama and Storytelling Club is a chance for children to be inspired and use their imagination freely. In this Club, we explore different genres and themes using a range of creative devices including: drama, art, debates and sharing our own experiences with the group. Themes are often chosen to relate to big events or holidays happening at the time, which is great to discuss and explore further. It is a chance for children to grow in confidence, improve their vocabulary, mix with different children within the school and develop a love of reading and performance.</p>
<p><b>Gardening Club</b> (Thursday) Reception, Years 1 &amp; 2 (Restricted to 12 children)</p>	<p>Having already achieved the Level 4 School Gardening Award from the Royal Horticulture Society, the gardeners of Gardening Club are busily, weeding, sowing and planting their way towards Level 5. In addition, these green-fingered recruits are learning how to share their exciting projects with others in school and with our local community.</p>
<p><b>Hama Bead Club</b> (Tuesday) Reception, Years 1 and Year 2 (Restricted to 14 children)</p>	<p>This enables children to improve their fine motor skills, visual perceptual, visual motor and cognitive skills. It will also assist with improving their pencil grasp and pencil control during colouring and writing activities. The weekly fun activities will also provide a sense of accomplishment in completing projects, which offer freedom of self-expression and camaraderie with other children in the Club, contributing to improved self-esteem.</p>

<p><b>Homework Club</b> (Monday &amp; Thursday) <b>Year 1 &amp; 2 only</b> (Restricted to 15 children)</p>	<p>Homework Club provides your child with the opportunity to work in a focused and quiet environment with some adult guidance. We start by practising spellings and then move on to the work in their books. If the children finish their homework they have time to complete their reading too, and will record this in their reading record. Please note that children will still need to carry out any unfinished reading, times-tables and spellings at home and this is not a 1:1 tuition session.</p>
<p><b>Mandarin (Wednesday)</b> <b>Reception, Years 1 &amp; 2</b> (Restricted to 15 children)</p>	<p>The Club aims to provide the children with an essential exposure to the Chinese culture through the learning of Chinese language. We create a nurturing, playful and structured learning environment which allows the children to learn through play and educational activities, experimenting, exploring, engaging without any undue pressure. The teachers, who are provided by Orpington Chinese Language School Wimbledon Branch, have all had a wide range of experience teaching Mandarin. Mandarin is used consistently in every class without any translation, and there is a real and practical engagement with the language.</p>
<p><b>Music Workshop</b> (Monday) <b>Reception, Years 1 &amp; 2</b> (Restricted to 12 children)</p>	<p>This Club will provide an opportunity for children to enjoy the experience of making music together. We will use a variety of percussion instruments and have lots of fun! This Club is especially suited for children who do not yet formally learn an instrument and would like to learn something new, but all are welcome. There will also be performance opportunities to showcase what we have learnt.</p>
<p><b>Philosophy Club</b> (Early Morning on Wednesday) <b>Years 1 &amp; 2</b> (Restricted to 14 children)</p>	<p>Philosophy Club for young children aims to help children develop a range of basic skills, such as listening, turn-taking, critical thinking and expressing their own thoughts and ideas, using logical and sequential language. In addition, it helps build confidence and self-esteem, instils an innate respect for the views and ideas of others and encourages a zest for learning through independent investigation. During this Club, we will explore 'big questions', play games and develop skills of conversation which will help the children improve their communication with others.</p>
<p><b>Sean McInnes Early Morning Football Club</b> (Monday &amp; Thursday) <b>Reception, Years 1 &amp; 2</b> (Restricted to 15 children)</p>	<p>Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. In our Football Club, we work on our shooting and our dribbling, teaching children to use the correct technique from a young age. Every week, we introduce a new trick, which helps develop new combinations and skills. We finish with matches to further develop their skills.</p>
<p><b>Sean McInnes Early Morning Hockey</b> (Tuesday) <b>Reception, Years 1 &amp; 2</b> (Restricted to 15 children)</p>	<p>Sean McInnes Hockey Club will give children the opportunity to understand the basics of the sport like dribbling in different ways, passing the ball and shooting at goal. We will achieve this by improving the children's co-ordination, balance and agility while improving their fine motor skills with the hockey stick. Smaller individual activities and game play will ensure that they understand the simple rules and ways to play the game effectively.</p>

**Sean McInnes Early Morning  
Multi-Skills  
(Wednesday)  
Reception, Years 1 & 2  
(Restricted to 15 children)**

Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. In this Multi-Skills Club pupils will learn to develop their hand eye co-ordination, balance, agility, whilst also developing their confidence and social skills at the same time as experiencing a range of different sports and activities.