



**THE ROWANS SCHOOL**

Founded 1936



**EARLY MORNING and AFTER SCHOOL CLUBS**

**Summer Term 2020**

## SUMMER TERM 2020

**Early Morning Clubs start at 8am**                      **After School Clubs finish at 4.15pm**  
**Clubs will commence on Wednesday 22nd April and finish on Thursday 2nd July 2020.**  
**The online booking system will open on Wednesday 11<sup>th</sup> March 2020 at 9am**

If your child wishes to attend Early Morning or After School Clubs for the Summer Term 2020, please book online via the SchoolBase portal <https://schoolbase.online> Please note that all Clubs need a minimum number of 6 children attending to make them viable and some clubs are limited to a maximum number of children. Once the Clubs are full you will be placed on a wait list. Parents will be informed as soon as possible if a Club is not able to go ahead.

Bookings for **AM Sports Academy clubs (AMSA) (Cricket, Football, Gymnastics, Athletics Kindergarten only Multi Sports Club and Tennis)** are **made direct** with them via their website: ([www.amsportsacademy.co.uk/Clubs](http://www.amsportsacademy.co.uk/Clubs)). If you have any questions please email them direct at: [info@amsportsacademy.co.uk](mailto:info@amsportsacademy.co.uk)

Bookings for **Sean McInnes Early Morning Clubs** (Cricket, Football and Tennis) are to be **made direct** at his website: <https://seanmcinnesssportscoaching.com/book-now> If you have any questions please email Sean direct at: [Info@seanmcinnesssportcoaching.com](mailto:Info@seanmcinnesssportcoaching.com)

### **Piano & Violin Lessons**

Piano and Violin lessons are available during the week on a rotational basis, so that your child will not miss the same school lesson each week. Piano lessons will be taught by Mrs Penny Luyendijk, our Music Teacher, on Tuesday and Thursday afternoons. Violin lessons will be taught by our external peripatetic teacher, Mrs Jenny Berrow on a Monday afternoon. Please note that these music lessons are offered for a full academic year, and consequently a term's notice is required should you wish to withdraw your child. Children need to have a piano at home on which to practise, and bring in their own violin, their own music books and be prepared to practise at home during the week!

Piano Lessons are fully booked for the Summer Term. If you would like your child to join the waiting list, please see the information below. Bookings for violin are made via email to Mrs Berrow ([jenny@berrow.biz](mailto:jenny@berrow.biz)). The charges will be £25 per lesson.

Music helps children to develop many skills including memory and concentration and this is a wonderful opportunity for the children to extend their learning into the creative arts. We offer various performances for the children throughout the year, including playing in assembly, class concerts and in the music concert for parents. We hope your child is keen to take up this opportunity to learn, or continue, a new skill.

# DESCRIPTION OF CLUBS



<p><b>AMSA Athletics Club</b> (Tuesday) (Restricted to 24 children) Reception, Years 1 &amp; 2</p>	<p>Athletics Club will focus on the key FUNdamental stages of a child's physical development and movement patterns. Agility, balance, co-ordination and speed will all be developed within fun, creative and engaging games. Children will also have the opportunity to develop the foundation stage of an athlete by learning the correct techniques and in turn develop their individual skill, knowledge and understanding in a range of different running, jumping and throwing events.</p>
<p><b>AMSA Cricket Club (Monday)</b> (Restricted to 24 children) Reception, Years 1 &amp; 2</p>	<p>Kwik Cricket aims to provide children of all levels of ability and experience with an opportunity to participate and develop skill, knowledge and understanding - this is achieved through a variety of fixed, variable and game based Cricket practices. Players will be challenged to progress key skills such as catching, throwing, bowling and striking skills within small, rewarding maximised participation games. A player centred coaching process is implemented to create player ownership, creativity and imagination, which guides learning and encourages participation and fun.</p>
<p><b>AMSA Football Club</b> (Thursday) (Restricted to 24 children) Reception, Years 1 &amp; 2</p>	<p>AM Sports Academy's football club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment. Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations. There are prizes available every week for the 'Player of the Week'.</p>
<p><b>AMSA Gymnastics Club</b> (Wednesday) (Restricted to 24 children) Reception, Years 1 &amp; 2</p>	<p>Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. It creates an environment where teamwork, sportsmanship, fair play and dedication are required in order to master the fundamental skills to be a successful gymnast. AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, spatial awareness and body control. Our gymnastic classes include areas such as tumbling, vault work, balance beam, and dance.</p>
<p><b>AMSA Kindergarten Multi Sports Club (Tuesday)</b> (Restricted to 12 children) Kindergarten only</p>	<p>Kindergarten Multi Sports Club will focus on the Fundamental Movement Skills during early childhood. Areas such as Agility, Balance, Co-ordination, Speed, Strength, Body Awareness and Hand-Eye or Foot-Eye will be developed. Children will learn how to move confidently in and around the environment whilst appreciating the size and shape of the body whilst enabling choice and control. They will also learn how to organise and coordinate the arms and legs and respond to speed, direction and force of movement. This will be achieved through coach led activities, child led activities and learning by repetitive play.</p>

<p><b>AMSA Tennis Club</b> (Wednesday) (Restricted to 24 children) Reception, Years 1 &amp; 2</p>	<p>AM Sports Academy offer a Mini Red and Orange Tennis Club for Reception to Year 2. The colours will be split according to year and level of attainment/ability. Usually Reception, Year 1 &amp; 2 would be playing Red but if a child has progressed to Orange then they will be able to play that level in the Club. Mini Tennis is a fun and exciting introduction into a thoroughly enjoyable game for children. It is played on smaller courts, with shorter racket and softer balls. Players will progress through the 4 level Mini Awards (relevant to the colour being played).</p>
<p><b>Art Club (Thursday)</b> (Restricted to 14 children) Reception, Years 1 &amp; 2</p>	<p>In Art Club children will learn a variety of skills and techniques. We will be using a range of materials as we work on different projects and we aim to develop self-confidence and promote creativity. Most importantly, we will have fun and use our imagination.</p>
<p><b>Chinese Dragons Club</b> (Wednesday) Reception, Years 1 &amp; 2 (Restricted to 15 children)</p>	<p>The Club aims to provide the children with an essential exposure to Chinese culture through the use of Mandarin Chinese language. The teachers, who are provided by Dragons Teaching, have all had a wide range of experience teaching in UK primary schools. Aside from focusing on cultural activities, the teacher will combine basic language learning to create a fun and friendly atmosphere.</p>
<p><b>Choir (Early morning on Friday)</b> Year 1 and Year 2</p>	<p>Choir explores different styles and songs, often singing in two parts rounds and partner songs. Some of the songs are simple, others more sophisticated, and this aims to meet the age range across the two year groups. The Choir sings at the Christmas Fair, Summer Fair and School Concerts and Assemblies. This term we will be learning songs to perform at the Summer Fair and the Summer Concert.</p>
<p><b>Dance Club with Natalie Less</b> (Monday) Reception, Year 1 &amp; 2 (Restricted to 18 children)</p>	<p>Dance Club is run by an external teacher (Natalie), but bookings are made directly to the school. Dance Club covers a wide range of dance styles to expose the children to a variety of genres and different types of music and movement, such as Street Dance, Zumba, Pop, Salsa, Hip-Hop. The dance routines will be complemented with fun dance games and activities, which will improve musicality, co-ordination, teamwork and leadership skills as well as making the class enjoyable for all. We perform a mini demonstration at the end of each term to parents, with every child receiving a certificate and prize upon completion.</p>
<p><b>Digital Creativity Club</b> (Tuesday) Year 1 and Year 2 (Restricted to 14 children)</p>	<p>Technology can be used as a tool to express your inner creativity. In Digital Creativity Club, we will be using a variety of apps and types of technology to complete exciting projects. Further developing IT skills and also drawing on skills from Art, Maths, Design and English. Children will have the opportunity to design books, capture and edit pictures, create animations, Keynote presentations, produce movies and much, much more.</p>
<p><b>Gardening Club (Thursday)</b> Reception, Years 1 &amp; 2 (Restricted to 12 children)</p>	<p>Having already achieved the Level 4 School Gardening Award from the Royal Horticulture Society, the gardeners of Gardening Club are busily, weeding, sowing and planting their way towards Level 5. In addition, these green-fingered recruits are learning how to share their exciting projects with others in school and with our local community.</p>

<p><b>Homework Club</b> (Monday &amp; Thursday) <b>Year 1 and Year 2</b></p>	<p>Homework Club provides your child with the opportunity to work in a focused and quiet environment with some adult guidance. We start by practising spellings and then move on to the work in their books. If the children finish their homework they have time to complete their reading too, and will record this in their reading record. Please note that children will still need to carry out any unfinished reading, times-tables and spellings at home and this is not a 1:1 tuition session.</p>
<p><b>Music Workshop (Monday)</b> <b>Reception, Years 1 &amp; 2</b> (Restricted to 12 children)</p>	<p>This Club will provide an opportunity for children to enjoy the experience of making music together. We will use a variety of percussion instruments and have lots of fun! This Club is especially suited for children who do not yet formally learn an instrument and would like to learn something new, but all are welcome. There will also be performance opportunities to showcase what we have learnt.</p>
<p><b>Philosophy Club (Early Morning on Wednesday)</b> <b>Years 1 &amp; 2</b> (Restricted to 14 children)</p>	<p>Philosophy Club for young children aims to help children develop a range of basic skills, such as listening, turn-taking, critical thinking and expressing their own thoughts and ideas, using logical and sequential language. In addition, it helps build confidence and self-esteem, instils an innate respect for the views and ideas of others and encourages a zest for learning through independent investigation. During this Club, we will explore 'big questions', play games and develop skills of conversation which will help the children improve their communication with others.</p>
<p><b>Puzzle Club (Tuesday)</b> <b>Years 1 &amp; 2</b> (Restricted to 12 children)</p>	<p>Puzzles are an excellent way for children to develop useful life skills which contribute to overall wellbeing and self-esteem. Activities will include traditional puzzles, such as crosswords and mazes, as well as memory and logic games. In this Club the children will learn to test and apply different strategies in order to solve problems. They will learn patience and resilience during puzzle solving as well as a sense of achievement on completion. Activities will also develop hand-eye coordination, fine motor skills and sometimes gross motor skills. Finally, through working together on puzzles, the children will learn to listen to others and develop communication skills.</p>
<p><b>Sean McInnes Early Morning Cricket Club</b> (Thursday) <b>Reception, Years 1 &amp; 2</b> (Restricted to 24 children)</p>	<p>Sean McInnes Sports Coaching will be running a weekly Cricket Club and we aim to help the children to enjoy their Cricket and learn all aspects of the game. We will work on our fielding, bowling and batting in an accessible way, so that children of all abilities can learn and improve their Cricket skills.</p>
<p><b>Sean McInnes Early Morning Football Club</b> (Monday &amp; Wednesday) <b>Reception, Years 1 &amp; 2</b> (Restricted to 24 children)</p>	<p>Sean McInnes Sports Coaching is an independent sports coaching company, with years of experience, dedicated to offering a wide range of multi sports sessions that are suitably challenging and enjoyable to participants. In our Football Club, we work on our shooting and our dribbling, teaching children to use the correct technique from a young age. Every week, we introduce a new trick, which helps develop new combinations and skills. We finish with matches to further develop their skills.</p>

<p><b>Sean McInnes Early Morning Tennis Club (Tuesday)</b>  <b>Reception, Years 1 &amp; 2</b>  <b>(Restricted to 24 children)</b></p>	<p>Sean McInnes Sports Coaching will be running a weekly Tennis Club at the Rowans School designed to introduce children to the game and to work on their skills. The Club will help children to work on their backhands, forehand and serve whilst learning a new understanding of the rules of the game in a fun and safe environment.</p>
<p><b>Story Telling and Drama (Tuesday)</b>  <b>Reception, Years 1 &amp; 2</b>  <b>(Restricted to 14 children)</b></p>	<p>Focusing on a story each week, we will be using art, drama and writing to immerse ourselves in and act out different well-known stories. We will think about each setting and invent a variety of new characters to join in, as well as creating our own stories, with different endings to share with the friends in the Club. Using props and costumes brings these stories to life. This Club develops communication, confidence and performance skills in a fun and supportive environment.</p>