



THE ROWANS SCHOOL

Founded 1936



EARLY MORNING and AFTER SCHOOL CLUBS

Autumn Term 2018

AUTUMN TERM 2018

If your child wishes to attend Early Morning or After School Clubs for the Autumn Term 2018, you should please complete the form at the rear of this Brochure and return to Mrs Jones as soon as possible.

Early Morning Clubs start at 8am

After School Clubs finish at 4.15pm

Clubs will commence on Monday 10th September and finish on Thursday 13th December 2018.

If your child wishes to attend an After School Club run by **AM Sports Academy** (Chess, Football, Gymnastics, Shoot & Score, Strength & Conditioning, Tag Rugby) you should book direct with them via their website: (www.amsportsacademy.co.uk/clubs). AM Sports will be running six clubs (Chess, Football, Gymnastics, Shoot & Score, Strength & Conditioning, Tag Rugby) at The Rowans School. Their mission is to inspire children to participate in sport – to learn new skills, to develop them to the best of their ability and to achieve their greatest potential. AM Sports are passionate about creating the ideal environment for children to enjoy the start of their sporting journey – wherever it may take them. Parents will need to visit AM Sports website (www.amsportsacademy.co.uk/clubs) to book directly with them. If you have any questions about these Clubs please email AM Sports Academy: info@amsportsacademy.co.uk.

Piano & Violin Lessons

Piano & Violin Lessons are available during the week on a rotational basis, so that your child will not miss the same school lesson each week. . Piano lessons will be taught by Mrs Penny Luyendijk, our Music Teacher, on Tuesday and Thursday afternoons. Violin lessons will be taught by our external peripatetic teacher, Mrs Jenny Berrow on a Monday afternoon. Please note that these music lessons are offered for a full academic year, and consequently a term's notice is required should you wish to withdraw your child. Children need to have a piano at home on which to practise, and bring in their own violin, their own music books and be prepared to practise at home during the week!

Bookings for piano are made via Mrs Jones and for violin are made via email to Mrs Berrow (jenny@berrow.biz). The charges will be £25 per lesson.

Music helps children to develop many skills including memory and concentration and this is a wonderful opportunity for the children to extend their learning into the creative arts. We offer various performances for the children throughout the year, including playing in assembly, class concerts and in the music concert for parents. We hope your child is keen to take up this opportunity to learn, or continue, a new skill.

DESCRIPTIONS OF CLUBS



THE ROWANS SCHOOL

<p>Around the World in a Term Club</p>	<p>In this club the children will learn about a selection of countries around the world. There will be fun activities to boost their general knowledge, learning flags, facts and figures, as well as plenty to make and do as they explore the different cultures, languages, foods and music. This club will only be available to children who did not take part in it during the Spring Term 2018.</p>
<p>Chess Club</p>	<p>Our Chess Club is made up of a small group of children ranging in different abilities. We introduce one by one the gambits of chess, which are made up of Pawns, Castles, Horses, Bishops, Queens and Kings. The children are taught how each gambit can move on the Chess Board and are challenged to play against their peers in friendly competitive matches.</p>
<p>Choir</p>	<p>Choir explores different styles and songs, often singing in two parts – rounds and partner songs. Some of the songs are simple, others more sophisticated, and this aims to meet the age range across two year groups. Children are awarded certificates during the final term of the year, depending on how many terms they have sung with the choir. This is to encourage loyalty and to build an experienced choir. The choir sings at the Christmas and Summer Fairs and at School Concerts.</p>
<p>Computing Club</p>	<p>In Computing Club the children will use their ICT skills to learn more about coding using apps and robotics. They will learn more about e-safety as well as developing their coding skills which are taught as part of the school curriculum. The children will attempt different challenges each week and have the opportunity to investigate, create and collaborate with their friends.</p>
<p>Cookery Club</p>	<p>Learning about the importance of a healthy, balanced diet and practicing new skills each week, the children will prepare a variety of snacks and dishes, with the odd treat along the way! Food hygiene and safety will also be covered and we hope to encourage a new wave of budding chefs who will bring you home a different recipe each week.</p>
<p>Cycling & Road Safety Club</p>	<p>This exciting club is about getting more young people into cycling and will be take place on the tennis court. Children should bring their own bikes and helmets, so that they are the correct size. However, if a child does not have a bike and/or helmet, they can use the School's Balance Bikes and helmets. This club is open to new and more experienced cyclists to experience various activities and skills tests, relevant to their age and ability. Helmets must be worn and we recommend kneepads, elbow pads and gloves for new cyclists. During the second half of term, activities will focus on road safety awareness.</p>
<p>Dance Club</p>	<p>Dance Club is run by an external teacher (Natalie), but bookings are made directly to the school. Dance Club covers a wide range of dance styles to expose the children to a variety of genres and different types of music and movement, such as Street Dance, Zumba, Pop, Salsa, Hip-Hop. The dance routines will be complemented with fun dance games and activities, which will improve musicality, co-ordination, teamwork and leadership skills as well as making the class enjoyable for all. We perform a mini demonstration at the end of each term to parents, with every child receiving a certificate and prize upon completion.</p>

Football Club	This Club concentrates on control, passing, movement, turning, shooting, attacking, defending and creating space. All abilities are welcome and we have a real focus on participation and enjoyment. Each session starts with a fun warm up before moving into skills work to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations.
Gardening Club	Gardening Club are recruiting more budding green-fingered helpers to keep going with the planting, potting, weeding and sowing. The children will be working towards achieving our Level 4 School Gardening Award with the Royal Horticultural Society, especially working on learning how to use gardening tools safely, how to encourage wildlife to our garden and composting.
Gymnastics Club	Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. It creates an environment where teamwork, sportsmanship, fair play and dedication are required in order to master the fundamental skills to be a successful gymnast. AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, special awareness and body control. Our gymnastic classes include areas such as tumbling, vault work, balance beam, and dance.
Homework Club	Homework Club provides your child with the opportunity to work in a focused and quiet environment. We start by practicing spellings and then move on to the work in their books. If the children finish their homework they have time to complete their reading too, and will record this in their reading record. Please note that children will still need to carry out any unfinished reading, times-tables and spellings at home.
Judo Club	Judo Club is led by Charlotte Proctor. Charlotte is a 3rd Dan black belt and a UKCC Level 2 Judo coach. She is a former British squad member and has over 20 years of Judo experiences. Charlotte coaches for The Tora-Kai School of Judo in several schools across SW London. Judo is a universal sport practised from novice to Olympic level and helps develop fitness, co-ordination, confidence and self-defence. Sessions are fun and lively, with players progressing through the coloured belts.
Music Workshop	This club will provide an opportunity for children to enjoy the experience of making music together. Whether you are a violinist or recorder player or do not formally learn an instrument and would like to learn something new, come and join the fun! There will also be performance opportunities to share what they have learnt.
Philosophy Club	Philosophy Club for young children aims to help children develop a range of basic skills, such as listening, turn-taking, critical thinking and expressing their own thoughts and ideas, using logical and sequential language. In addition, it helps build confidence and self-esteem, instils an innate respect for the views and ideas of others and encourages a zest for learning through independent investigation. During this club, we will explore 'big questions', play games and develop skills of conversation which will help the children improve their communication with others.

Recorder Club	<p>Children will be required to provide their own recorder and scheme book. This is a mixed ability group with the children learning from the Red Hot Recorder scheme. We play songs together and the children practise independently during our club time. As the children complete each stage they are awarded a certificate to recognise this and to motivate them. The children perform together at school concerts.</p>
Sports Club (Early Morning)	<p>Run by Sean McInnes Coaching, these Early Morning Clubs continues to be very popular for the children to learn some key sports/football skills before their school day. Concentrating on control, passing, movement, turning, shooting, attacking, defending and creating space, all children in Reception, Year 1 and Year 2 are very welcome to join these Clubs. Children will learn new skills and use them to practise taking part in competitive matches.</p>
Story Telling Club	<p>Focusing on a new story each week, we will be using drama to immerse ourselves in and act out different well known stories. We will think about each setting and invent some new characters to join in too, creating and sharing our own stories with friends.</p>
Shoot & Score Club	<p>The Shoot and Score club is a blend of netball and basketball so it appeals to girls and boys and will improve their ball skills such as throwing and catching and also help with their footwork. Children will have the opportunity to learn and develop a wide range of passing and receiving skills as well as different types of movement to create space and shooting opportunities. Children will learn how to play as a part of a team and be given opportunity to make choices whilst in possession of the ball.</p>
Tag Rugby Club	<p>During the Tag Rugby Club, players will develop their ability to evade defenders by working on changes of speed, direction and side steps as well as being challenged to identify space and how this could be used. Players will also learn how to pass accurately and catch safely. Lastly, they will focus on how to be an effective defender. Towards the end of each session, children will have the opportunity to put their newly leant skills into match situations where the Rugby player can express themselves through individualism and creativity! The Club will be based on Rugby Union Rules and will be non-contact.</p>



Autumn Term 2018

Day	Lunchtime & After School Clubs	Time	Please tick your preferences.
MONDAY	Chess Club Reception, Years 1 & 2 (AM Sports Academy) (£117 for the term)	After school (Restricted to 20 children)	PLEASE BOOK WITH AM SPORTS ACADEMY
	Dance Club (External teacher) Reception, Years 1 & 2 Natalie Less (£120 for the term)	After school	
	Early Morning Football Club Reception, Years 1 & 2 (Sean McInnes Coaching) (£60 for the term)	Pre School (8am-8.30am)	
	Homework Club Year 2	After school	
	Music Workshop Reception, Years 1 & 2 (£10 for the term to cover cost of materials)	After school	
	Recorder Club Years 1 & 2 (Own recorder and music book to be provided)	Pre School(8am-8.30am) (Restricted to 10 children)	
	Tag Rugby Club Reception, Years 1 & 2 (AM Sports Academy) (£117 for the term)	After school (Restricted to 24 children)	PLEASE BOOK WITH AM SPORTS ACADEMY
TUESDAY	Computing Club Years 1 and 2 (£10 fee to cover cost of materials)	After school (Restricted to 14 children)	
	Cookery Club Reception, Years 1 and 2 (£10 fee to cover cost of ingredients)	After school (Restricted to 12 children)	
	Multi Skills Club Years 1 & 2 (Sean McInnes Coaching) (£120 for the term)	After school	
	Story Telling Club Reception, Years 1 & 2 (£10 fee to cover cost of materials)	After school (Restricted to 15 children)	
WEDNESDAY	Early Morning Philosophy Club Years 1 & 2 (£10 fee to cover cost of materials)	Pre School (8am-8.30am)	
	Early Morning Sports Club Reception, Years 1 & 2 (Sean McInnes Coaching) (£60 for the term)	Pre School (8am-8.30am)	
	Football Club Reception, Years 1 & 2 (AM Sports Academy) (£117 for the term)	After school (Restricted to 24 children)	PLEASE BOOK WITH AM SPORTS ACADEMY
	Gymnastics Club Reception, Years 1 & 2 (AM Sports Academy) (£117 for the term)	After school (Restricted to 24 children)	PLEASE BOOK WITH AM SPORTS ACADEMY
THURSDAY	Around the World in a Term Club Years 1 & 2 (£10 fee to cover cost of materials)	After school (Restricted to 10 children)	
	Cycling & Road Safety Club Years 1 & 2 (£10 fee to cover cost of materials)	After School (Restricted to 10 children)	
	Gardening Club Reception, Years 1 & 2 (£20 fee to cover cost of materials)	After school	
	Homework Club Year 2	After school	
	Shoot & Score Club Reception, Years 1 & 2 (AM Sports Academy) (£117 for the term)	After school (Restricted to 24 children)	PLEASE BOOK WITH AM SPORTS ACADEMY
FRIDAY	Early Morning Choir Years 1 & 2	Pre-school (8am-8.30am)	